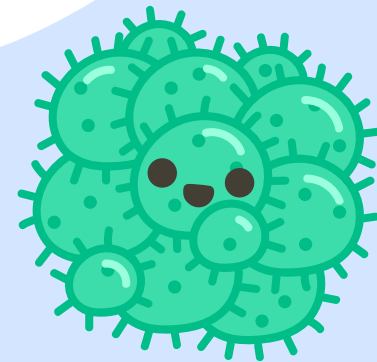
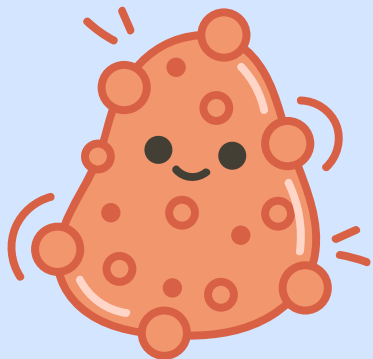


Child Illness & Exclusion Policy



♥ Purpose

We aim to keep all children healthy and safe by clearly outlining when a child should stay home or be temporarily excluded due to illness.

⚠ Exclusion Criteria

Children may be temporarily excluded if they experience:

Inability to Participate: Illness prevents comfortable participation in daily activities

Increased Care Needs: Care exceeds staff's ability without compromising others' safety

Behavioral Changes: Acute changes such as:

Lethargy or lack of responsiveness

Irritability or persistent crying

Difficulty breathing

Rapidly spreading rash

****Anytime a child is out ill, it should be assumed they must be free from all above criteria to return****

Fever with Symptoms:

Fever with behavior changes or additional symptoms (sore throat, rash, vomiting, diarrhea)

Fever Guidelines

Infants ≤ 3 months: Any fever $\geq 100.4^{\circ}\text{F}$ requires **immediate** healthcare referral and parent notification

Children ≤ 2 years: Temperature $> 101^{\circ}\text{F}$

Children ≥ 3 years: Temperature $> 100.4^{\circ}\text{F}$

Measurement:

Primary: No-touch or temporal scanner

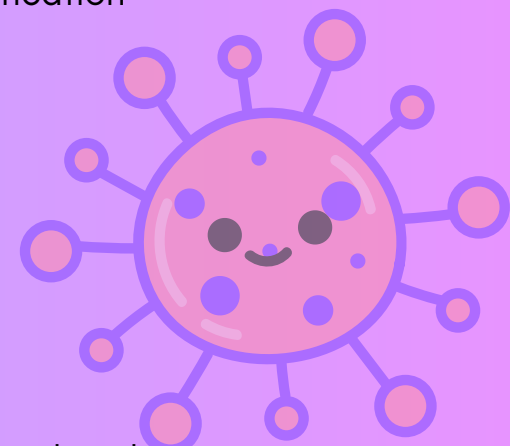
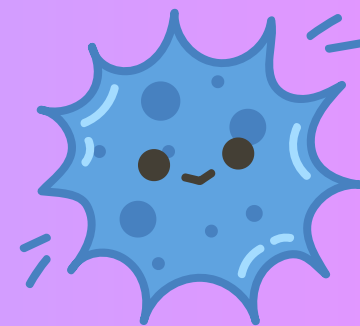
If elevated, staff may re-check using a second temporal or digital axillary thermometer
(add 1°F for axillary unless manufacturer instructs otherwise)

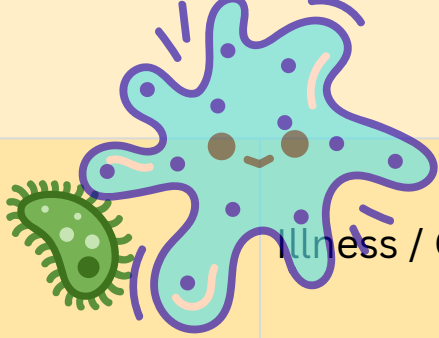
☎ Parent Notification

At 99.8°F , parents are notified as a courtesy so they can prepare; immediate pickup is not required at this temperature

♥ Our Commitment







We work closely with families to ensure children are healthy, safe, and comfortable while in our care.

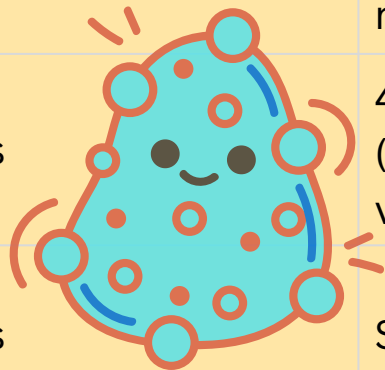


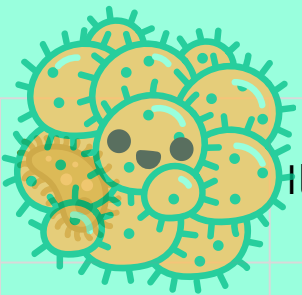


GASTROINTESTINAL







CHILD

	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Diarrhea (Infectious)	Yes	24 hrs diarrhea-free without meds	Medical clearance required; 48 hrs if outbreak 📋
	Diarrhea (Non-Infectious)	If stool can't be contained, ≥2 loose stools in 24h, or blood in stool	24 hrs symptom-free (48 hrs outbreak) or medical excuse	Medical explanation accepted (e.g., meds, new foods)
	Campylobacter (common bacteria w/ GI virus)	Yes	Min. 3 days from symptom onset, all symptoms resolved, medical release	Reportable to Health Dept ⚠️
	Norovirus / Rotavirus	Yes	48 hrs symptom-free (no vomiting/diarrhea)	Reportable to Health Dept if outbreak ⚠️
	Salmonella	Yes	Symptom-free 48hrs	**Medical & CCHD release** Reportable to Health Dept ⚠️
	E. coli (STEC)	Yes	Symptom-free + 2 negative stool cultures & doctor release	Reportable to Health Dept ⚠️






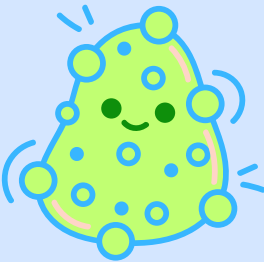
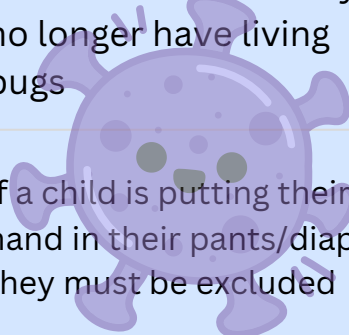

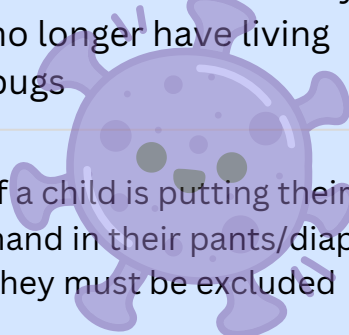

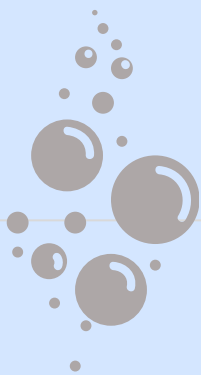


Skin & Soft Tissue

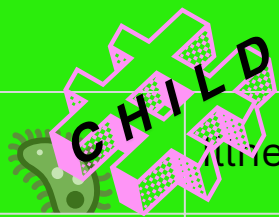
Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
 <p>Hand, Foot & Mouth (HFMD)</p>	Yes	<p>*All sores must be gone or crusted over. (No new or oozing sores)</p> <p>*Child should not be drooling (Due to sores)</p> <p>*Should be able to eat a normal diet.</p> <p>*Resolution of all exclusion criteria</p>	*Excluded for no fewer than 5 days*
 <p>Impetigo</p>	Yes	Seen by doctor, on treatment ≥ 4 days, blisters covered	-
 <p>Molluscum Contagiosum ("Water Warts")</p>	No (unless lesions cannot be covered)	Cover lesions with clothing/ water-tight bandage	-
 <p>Scabies</p>	Yes	After prescribed treatment is completed and no new lesions appear	Reportable to Health Dept ⚠️
 <p>MRSA / Staph Infections</p>	Yes, if cannot be fully covered or it is being "picked at".	Wound covered, hygiene maintained, resolution of exclusion criteria	Medical release required
 <p>Ringworm (Tinea)</p>	Yes, until treatment begins	<p>*The child may be readmitted after treatment has begun.</p> <p>*Must provide proof treatment has begun.</p> <p>*Cover lesion(s).</p>	Exclude if scalp ringworm untreated





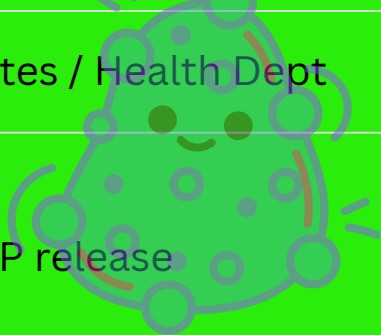


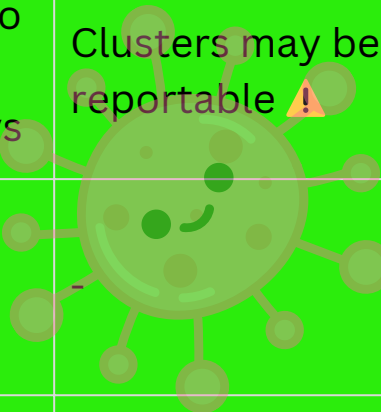

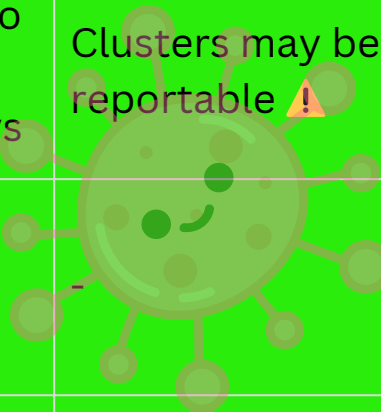

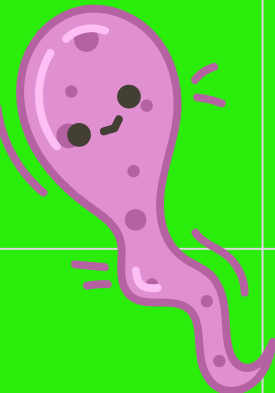





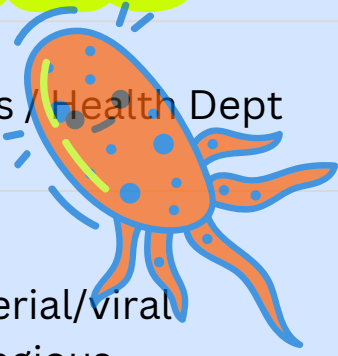





PARASITIC & OTHER



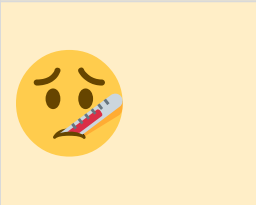
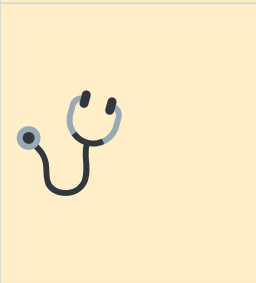
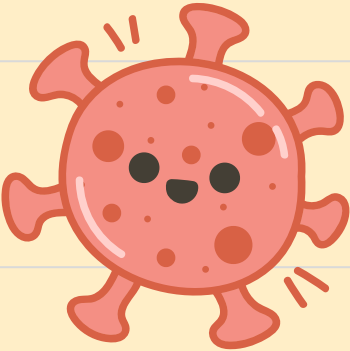
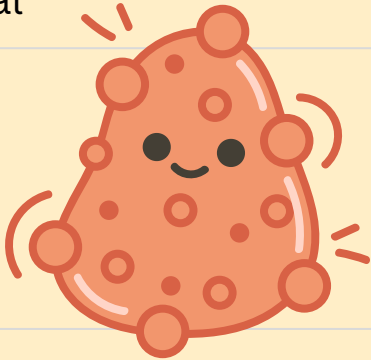
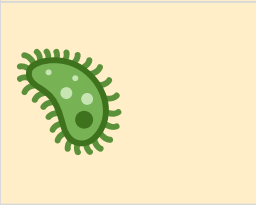
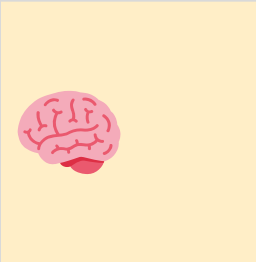
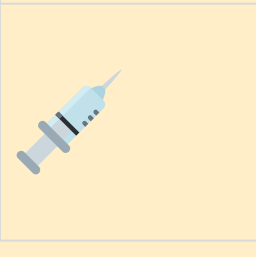
	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Head Lice		When no live lice remain; try to comb nits; it is recommended to check or treat again in 5 days	Staff will check the child's head when they return to confirm they no longer have living bugs 
	Pinworms	Differs	After treatment has begun, no severe discomfort	If a child is putting their hand in their pants/diaper, they must be excluded 
	Giardiasis (Giardia Lamblia) (Beaver Fever)	Yes 	*4 days after last diarrhea *Resolution of all exclusion criteria	**Medical & CCHD release** Reportable to Health Dept ⚠️
	Tapeworms	Differs	After treatment has begun	-
	Bed Bugs	No, unless severe infestation	Child must come in clean clothes; belongings sealed	Facility may require pest control



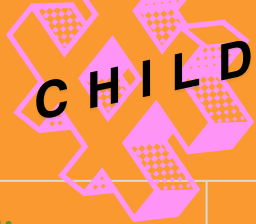
Respiratory

	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Influenza (Flu) A/B	Yes	At least 5 days after onset, symptoms improving, fever-free 24 hrs without meds	 PCP release
	COVID-19	Yes	At least 5 days after onset, symptoms improving, fever-free 24 hrs; provider note required	PCP Release Reportable to Health Dept !
	RSV / Viral Bronchiolitis Adenovirus	Yes	Until symptoms improve, no acute distress, can participate, Minimum 5 days	Clusters may be reportable ! 
	Common Cold Rhinovirus	No, unless fever/other exclusions	Child must be comfortable and able to participate	
	Parainfluenza Human Metapneumovirus	Yes 	At least 5 days after onset, symptoms improving, fever-free 24 hrs without meds	Cough and congestion are improving • Child is well enough to participate in daily routines
	Pertussis (Whooping Cough)	Yes	After 5 days of antibiotics AND cleared by Health Dept + PCP	Reportable to Health Dept !



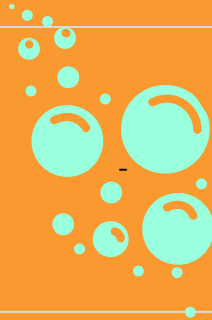


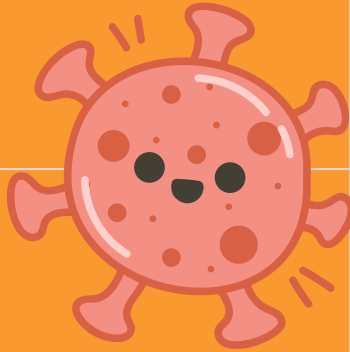
<div> <div>CHILD</div> <div>Viral Rash & Systemic</div> </div>				
	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Conjunctivitis (Pink Eye)	Varies	Allergy/chemical: doctor's note; Bacterial/viral: ≥24h on meds & no colored discharge	 Bacterial/viral contagious
	Fifth Disease (Slap Cheek)	Only if other exclusion criteria	When child feels well, no lethargy, no exclusions	Pregnant exposure caution
	Chickenpox (Varicella)	Yes	When all blisters are crusted with no oozing (usually 6 days) No new blisters in at least 4 days. (No less than 5 days from symptom onset.)	**Medical & CCHD release** Report to Health Dept ⚠
	Measles	Yes	4 days after rash is gone	**Medical & CCHD release** Immediately reportable ⚠
	Mumps	Yes	At least 5 days after parotid swelling is GONE	PCP and CCHD Release Reportable to Health Dept ⚠
	Rubella (German Measles)	Yes	At least 7 days after rash begins to dry or dissipate	PCP and CCHD Release Reportable to Health Dept ⚠

	Illness / Condition	<div> <div>OTHER</div> <div>CONDITIONS</div> </div> Exclude?	Return to Care / School	Notes / Health Dept
	Vomiting (Unexplained)	Yes	24 hrs symptom-free & able to eat/drink	48 hrs if outbreak
	Fever (with symptoms)	Yes	Fever-free 24 hrs without meds & symptoms improving	Infants ≤ 3 mo: any fever requires doctor eval
	Rheumatic Fever	<div>  Yes </div>	*Been on prescribed medication for at least 48 hours *Free from all exclusion criteria at least 48 hours without medication.	<div>  - </div>
	Strep Throat / Scarlet Fever	Yes	≥ 24 hrs on antibiotics, fever-free, able to participate	Replace toothbrush after 24 hours of meds
	Meningitis (Bacterial or Viral)	Yes	* Viral : a minimum of 7-days * Bacterial : minimum of 48-hours after starting antibiotics.	PCP & CCHD Clearance Reportable to Health Dept ⚠️
	Hepatitis A	Yes	At least 1 week after onset of illness	PCP and CCHD Release Reportable to Health Dept ⚠️

 <div>CHILD</div>	Illness / Condition	<div>OTHER</div> <div>CONDITIONS</div> Exclude?	Return to Care / School	Notes / Health Dept
	Alpha-Gal	Yes Until Emergency Action plan is in effect OR if <i>actively</i> ill	*Provide a current Allergy/Medical Action Plan from the child's PCP. *The plan must include safe and unsafe foods, signs of a reaction, and emergency steps to take. *Parents are expected to provide safe alternatives if their child's dietary needs extend beyond what the program can provide.	*Any child that has a reaction must be cleared by medical staff each time. **Medical & CCHD release** Reportable to Health Dept !
	Diphtheia	Yes	*Completed recommended antibiotic treatment *Throat cultures are negative for the pathogen Minimum of 6-10 days	**Medical & CCHD release** Reportable to Health Dept !
	Tuberculosis (active contagious TB disease)	Yes	*No longer considered contagious according to medical evaluation *Free from all exclusion criteria at least 48 hours without medication.	**Medical & CCHD release** Reportable to Health Dept !
	**Shigellosis (Dysentery)	Yes	*A minimum of 5 days *Resolution of exclusion criteria. *Must provide proof that treatment has begun. *2 neg stool samples	**Medical & CCHD release** Reportable to Health Dept !
	Child has been Hospitalized or had ANY surgery/operation	Yes	Minimum of 24-hours or 1-FULL school day after discharge- whichever is greater.	Must have written clearance from physician

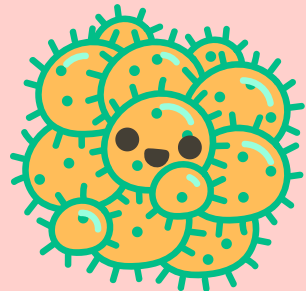
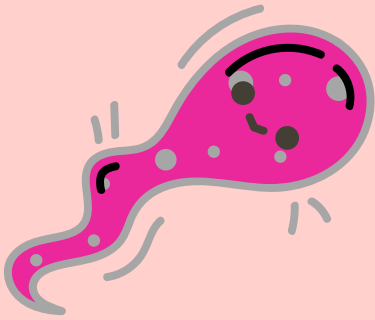
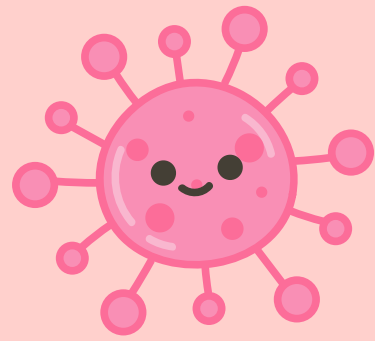
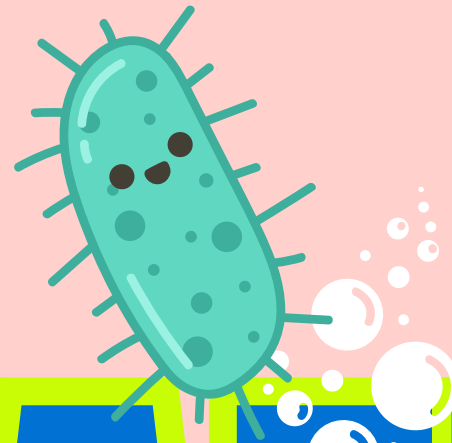
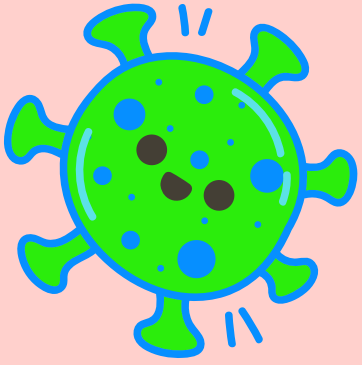


OTHER CONDITIONS

	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Roseola	Yes	*Fever is resolved (typically 3-5 days) (24-48 hrs.-no meds) *Feels well enough to participate *Resolution of exclusion criteria.	
	Mononucleosis -Mono - Glandular Fever -Epstein Barr (EBV)	Yes	*Children under 4 must remain out for a minimum of 30-days . *Children 4 and over must remain out for a minimum of 7 days . *Resolution of exclusion criteria.	*All children must have a medical release to return, complete with restrictions.
	Otitis Media (Ear Infection)	No, unless fever $\geq 101^{\circ}\text{F}$ or exclusion criteria	Doctor note + child comfortable (If child shows discomfort or cannot participate, we will	Must sign a medication admin log for us to administer Tylenol for pain.
				

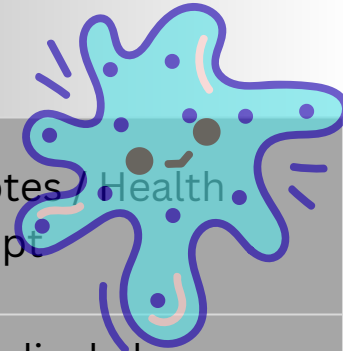
STAFF

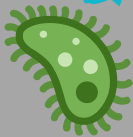







ILLNESS &
EXCLUSION
GUIDE

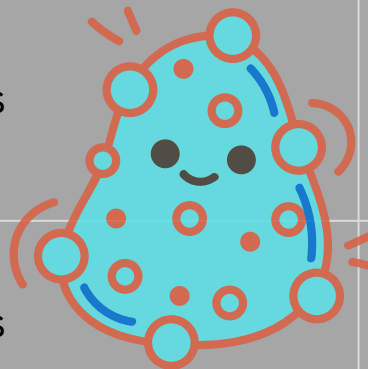


STAFF

GASTROINTESTINAL



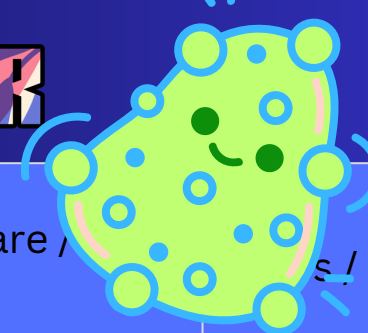
	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Diarrhea (Infectious)	Yes	At least 24 hrs diarrhea-free without medication	Medical clearance required & 48 hrs if outbreak related 
	Diarrhea (Non-Infectious)	If stool can't be contained, ≥ 2 loose stools in 24h	24 hrs symptom-free (48 hrs outbreak) or medical excuse	If staff may not be able to wait to be excused from ratio assignment
	Campylobacter (common bacteria w/ GI virus)	Yes	Min. 3 days from symptom onset, all symptoms resolved, medical release	Strict Hand Hygiene ! Reportable to Health Dept !
	Norovirus / Rotavirus	Yes	48 hrs symptom-free and able to maintain hygiene	Extremely contagious. Disinfect surfaces with bleach-based solution. Reportable to Health Dept if outbreak !
	Salmonella	Yes	Symptom-free 24 hrs. Strict Hand-Hygiene	Food handler cases may require stool testing &/or Medical/ CCHD release** Reportable to Health Dept !
	E. coli (STEC)	Yes	Symptom-free 48 hours + 2 negative stool cultures	CCHD & PCP Release Reportable to Health Dept !



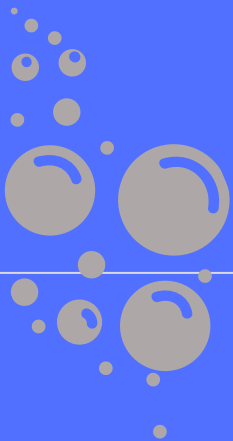



<div>STAFF</div> <div>Skin & Soft Tissue</div>				
	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Hand, Foot & Mouth (HFMD)	Yes	When fever-free ≥24h, blisters dry/covered	Highly contagious; emphasize hand hygiene and disinfect high-touch surfaces.
	Impetigo	Yes	After ≥24h on antibiotic treatment AND lesions can be fully covered	Cover any oozing sores. Do not share linens, towels, or clothing.
	Molluscum Contagiosum (“Water Warts”)	No, unless other exclusion	May work if lesions covered with clothing or watertight bandage	- 
	Scabies	Yes	After prescribed treatment is completed and no new lesions appear	Entire household may need treatment; wash bedding and clothing in hot water. Reportable to Health Dept !
	MRSA / Staph Infections	Yes, if open or draining wound	Wound healed or fully covered PCP release	Strict hygiene and wound coverage required. ! Health Dept. clearance if multiple cases occur !
	Ringworm (Tinea)	Yes, if on exposed skin and cannot be covered	May work after antifungal treatment begins and lesions can be covered	Cover affected areas; maintain personal hygiene and launder items. Exclude from food handling until cleared.

STAFF














PARASITIC & OTHER











	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Head Lice	Yes, if live lice are present	When no live lice remain; *recommended to check or treat again in 5 days	Notify admin to assist with classroom checks.
	Pinworms	Yes, until treatment begins	After treatment has begun, no severe discomfort	Wash all laundry in "HOT" water
	Giardiasis (Giardia Lamblia) (Beaver Fever)	Yes 	When diarrhea-free ≥24 h and **Medical & CCHD release**	Strict hand hygiene required ⚠️ Reportable to Health Dept ⚠️
	Tapeworms	Yes	After treatment has started & symptom-free 24 h	Strict hand hygiene after restroom use; proper food handling.
	Bed Bugs	No, unless severe infestation	Staff may need to change when getting to work; leave personal items in car.	Facility may require pest control

STAFF

Respiratory

 Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
 Influenza (Flu) A/B,	Yes	When fever-free ≥ 24 h without meds AND well enough to work  Mask through AT LEAST day 7, or while symptomatic.	Avoid close contact with infants, pregnant staff, or high-risk individuals; vaccination recommended annually.
 COVID-19	Yes	Minimum 5 days after symptom onset (Day 0 = first day of symptoms or positive test). Return when fever-free 24 h & symptoms improving.	 Mask , required Days 6–10 after return ⚠️ PCP Release ⚠️
 RSV / Viral Bronchiolitis Adenovirus	Yes, if fever ≥ 100.4 °F, severe cough, or cannot perform duties safely	When fever-free ≥ 24 h without meds AND symptoms improving  Mask , until cough and nasal discharge resolve 	Highly contagious via droplets and surfaces; disinfect shared areas, avoid direct contact with infants while symptomatic.
 Common Cold Rhinovirus	No, unless fever/other exclusions	Must be comfortable and able to participate	 Mask Strongly recommended while symptomatic (cough, runny nose, sneezing).
 Parainfluenza Human Metapneumovirus	Yes, if fever ≥ 100.4 °F or significant cough	When fever-free ≥ 24 h without meds and able to perform duties  MASK , until cough & Symptoms improve	practice strict hygiene and respiratory etiquette
 Pertussis (Whooping Cough)	Yes	After 5 days of antibiotics or 3 weeks untreated	Cleared by Health Dept + PCP Reportable to Health Dept ⚠️









STAFF **Viral Rash & Systemic**



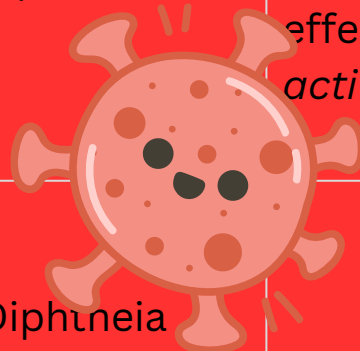

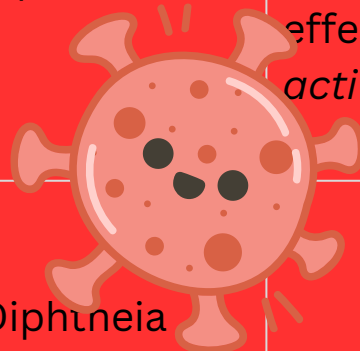

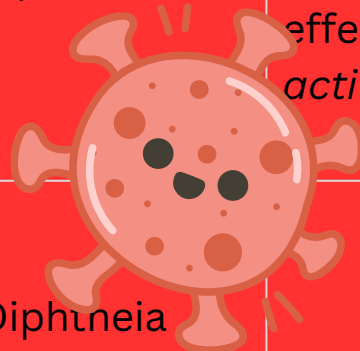

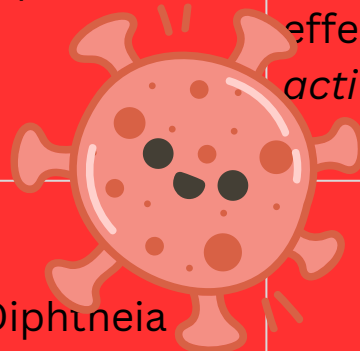
	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Conjunctivitis (Pink Eye)	Varies	Allergy/chemical: doctor's note; Bacterial/viral: ≥24h on meds & no colored discharge	Bacterial/viral contagious 
	Fifth Disease (Slap Cheek)	No	When feeling well enough	Pregnant exposure caution
	Chickenpox (Varicella)	Yes	All lesions are crusted (5-7 days) at least 24 hours after last episode	**Medical & CCHD release** Report to Health Dept ⚠
	Measles	Yes	4 days after rash onset (1st day of rash= day 0)	**Medical & CCHD release** Immediately reportable ⚠
	Mumps	Yes	Day 6 after swelling begins, once fever and acute symptoms resolve.	PCP and CCHD Release Reportable to Health Dept ⚠
	Rubella (German Measles)	Yes	At least 7 days after rash onset	PCP and CCHD Release Reportable to Health Dept ⚠

STAFF

OTHER

CONDITIONS


	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Vomiting (Unexplained)	Yes after 3	24 hrs symptom-free & able to eat/drink	
	Fever (with symptoms)	Yes at 101.0	Fever-free 24 hrs without meds & symptoms improving	
	Rheumatic Fever	The fever itself is not contagious	*Been on prescribed medication for strep for at least 24 hours	
	Strep Throat / Scarlet Fever	Yes	≥24 hrs on antibiotics, fever-free, able to participate	Replace toothbrush after 24 hours of meds
	Meningitis (Bacterial or Viral)	Yes	* Viral : Fever-free 24 hrs * Bacterial : after starting antibiotics. medical clear	PCP & CCHD Clearence Reportable to Health Dept ⚠️
	Hepatitis A	Yes	At least 1 week after onset of Jaundice	PCP and CCHD Release Reportable to Health Dept ⚠️

 <div> <div>STAFF</div> <div>OTHER</div> <div>CONDITIONS</div> </div>	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Alpha-Gal 	Yes Until Emergency Action plan is in effect OR if <i>actively ill</i>	*Provide a current Allergy/Medical Action Plan from the child's PCP. *The plan must include safe and unsafe foods, signs of a reaction, and emergency steps to take. *Parents are expected to provide safe alternatives if their child's dietary needs extend beyond what the program can provide.	*Any child that has a reaction must be cleared by medical staff each time. **Medical & CCHD release** Reportable to Health Dept ⚠
	Diphtheneia 	Yes	*Completed recommended antibiotic treatment *Throat cultures are negative for the pathogen Minmum of 5 days- mask 6-10	**Medical & CCHD release** Reportable to Health Dept ⚠
	Tuberculosis (active contagious TB disease) 	Yes	Active TB: Excluded immediately; cannot return until on effective treatment, has 3 negative sputum smears, and is cleared in writing by both a physician and the County Health Department. Latent TB: No exclusion or masking required if medically documented as non-contagious.	**Medical & CCHD release** Reportable to Health Dept ⚠
	**Shigellosis (Dysentery) 	Yes	*A minimum of 48 hours *Must provide proof that treatment has begun. *2 negative stool samples	**Medical & CCHD release** Reportable to Health Dept ⚠

STAFF

OTHER

CONDITIONS

	Illness / Condition	Exclude?	Return to Care / School	Notes / Health Dept
	Roseola	Yes	*Fever is resolved (typically 3-5 days) (24-48 hrs.-no meds) *Feels well enough to participate.	Rash not Contagious
	Mononucleosis -Mono - Glandular Fever -Epstein Barr (EBV)	No	Adults do not need to be excluded from work as long as they feel well enough to do their job	PCP release Be cautious of hand hygiene
	Hospitalized or ANY surgery/operation	Yes	Minimum of 24-hours after discharge- whichever is greater.	Cleared by physician
	Otitis Media (Ear Infection)	No	Feeling well enough to do job duties	
		